

## RESEARCH STUDY OPPORTUNITY

**Washington University in St. Louis is seeking participants for a paid research study to improve mental healthcare for older, African-American patients at Barnes Jewish Hospital.**

### **What are the inclusion criteria?**

Participants will include those who identify as Black or African American, are at least 50 years old, have experienced distress coping with surgery/hospitalization, and have undergone at least one surgery in the past 5 years or have an interest in mental health research.

### **Will I be paid?**

Participants will be compensated at a rate of **\$50/hour** for their time and effort.

### **How can I get involved?**

You will participate and provide insight in up to 3 focus group meeting discussions across the following phases:

**Phase 1:** Discuss your perceptions and experiences in mental healthcare, community-specific challenges faced by Black or African-American surgical patients, factors that limit or support your community's use of mental healthcare. Suggest ideas towards tailoring a surgical wellness program (consisting of behavioral motivation and medication optimization).

**Phase 2:** Assist in planning and tailoring a surgical wellness and mental health program to address Black or African-American surgical patient needs.

**Phase 3:** Brainstorm ideas around research challenges for engagement and participation in mental health research and ways to best support research evidence.



To learn more about participating in this study, please contact:  
Krista Cooksey at [kcooksey@wustl.edu](mailto:kcooksey@wustl.edu) or 314-747-5657.  
You can also visit [Perioperativewellness.wustl.edu](http://Perioperativewellness.wustl.edu)